



RAT'z Membership Secretary. 371B Ropery Road, Gainsborough, Lincs, DN21 2TR. England

### **Membership Application Form**

Name: .....

Age: ..... DOB: .....

Address: .....

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Telephone: .....

Email: .....

Forum User Name (if applicable): .....

Existing Membership Number : .....

*I wish to be considered for membership of the Rasen Area Trailblazerz. By signing this form, I acknowledge I have received, read and understood the attached club rules and I agree to abide by them and the general rules of the trail. I accept that by breaching any of these rules, my membership will be cancelled and no refund will be issued. I understand that mountain biking is a dangerous sport. And as such I accept that I am entirely responsible for my own safety and actions. No liability what so ever will be placed on the Rasen Area Trailblazerz representatives, The Forestry Commission as landowners or any person(s) acting for or on behalf of the club.*

*I enclose my annual membership fee of £15.00 (over 18's) or £10.00 (under 18's)  
(please make cheques payable to **Rasen Area Trailblazers**).*

*I wish to make you aware of the following medical condition(s):*

I hereby apply for membership as indicated above. I or my parent/guardian accept and agree that neither the organisers, nor their agents, officials, representatives, the landowners, sponsors or fellow members shall be liable in any way, or in any circumstances for any damage or injury that I may suffer during, in connection with, or as a result of the Rasen Area Trailblazerz club or project. I will abide by the rules of the Club and landowner(s). I agree that I participate entirely at my own risk and that I must ride in a manner which is safe for myself and all others. I also declare that the cycle I will ride in good working order and properly maintained and that the appropriate safety protection shall be worn at all times.

Signed: .....

Print Name: .....

Signed: ..... (parent or guardian if aged 18 or under)

Date: .....

***(Please return to the above address)***

**FOR OFFICIAL USE ONLY – DO NOT MARK THIS BOX**

Start Date:

Renewal Date:

Membership Number:



# Hamilton Hill Bike Park - Trail Policy 2011

This section to be retained

In order to satisfy the requirements of our agreement with the Forestry Commission, I.M.B.A and other organisations, we have to set certain rules and guidelines.

All the rules should be strictly adhered to at all times. They are here to protect all the users of Hamilton Hill Freeride Park.

All riders are reminded that they ride within the Hamilton Hill Freeride Park, entirely at their own risk.

Be aware that accidents during Freeride, Downhill and Dirt Jumping can lead to serious injuries, trauma or even death.

We ask that you approach your riding with due caution, and ride within your limits and the limits of your equipment at all times.

## 1 - Entry:

- a: **Hamilton Hill Bike Park is CLOSED to the public! Only members or invited guests are permitted to ride any of the trails within the park boundary. The guidelines here stated shall always be satisfied.**

**Visitors/Guests riding on a regular basis are required to join the Rasen Area Trailblazerz MTB Club. There are several benefits to becoming a club member, more details on our website.**

- b: **Proof of membership should be carried at all times and by all riders when on the site.**
- c: **All riders are required to sign our park user's book prior to riding in the park. Failure to do so will result in an indefinite ban from the park.**
- d: **The Hamilton Hill Freeride Park is a dedicated mountain bike zone. Therefore pedestrians are not permitted to walk the trails.**
- e: **No under 16s are permitted to use the park unless accompanied by an adult. Other users of the park, not associated with the person(s) does not constitute adult supervision.**
- Rasen Area Trailblazerz mtb club members are exempt from this rule as other club members are considered to be supervisors (except, that under 14's should be under direct adult supervision).**
- f: **The minimum age for riders is 12 years old, as younger riders may not be fully aware of the consequences of their actions (at this age, riders should be under "direct" adult supervision).**
- g: **There is to be no lone or solo riding within the park. If you are first to arrive, do not ride until another user is on site. It is advisable to bring a friend with you.**

**A member of each group should carry a mobile telephone and should be aware of the local emergency services contact numbers.**

- h: **The park must be vacated at dusk each day. (by dusk we mean the period prior to sunset).**
- i: **Night riding is strictly prohibited, unless prior written approval is requested to and granted by the club.**
- j: **A suitable helmet must be worn at all times when riding in the park.**
- k: **Gloves must be worn at all times whilst riding within the park.**

- l: The cycle you intend to use must be fully road worthy and fit for the purpose of riding extreme mountain bike trails.  
The bike must be fitted with working front and rear brakes and none of its parts should be damaged.**

## **2 – Trail Policy**

- a: An appropriate helmet and suitable gloves are mandatory and shall be worn at all times when riding within the park. Body armour are highly recommended and riders choosing not to wear body armour do so entirely at their own risk.**
- b: Although the park is off limits to pedestrians, riders may still encounter them. Riders must yield to pedestrians, if necessary advise them that the area is a dedicated mountain bike zone and that walking is not permitted.**
- c: Riders must always ride within their abilities. The park is structured so that skills and confidence can be built up.**
- d: There shall be no unauthorised digging or construction of any trail features. If you are witness to this, please advise a member of our staff.**
- e: Under no circumstances shall any trail feature be changed or altered. If you are witness to this, please advise a member of our staff.**
- f: Please report any damage, vandalism, accidents or incidents as soon as possible to a member of our staff.**
- g: Member witnessing any unauthorised construction may wish to challenge the offenders, explaining the reasons for the apprehension whilst promoting the club and the project.**
- h: Under no circumstances is it permitted to "session" sections of the course or individual trail features.**
- i: To apply common sense at all times.**
- j: To always represent the club and any associated activities in a professional and appropriate manner.**
- k: Respect the environment around you. Take all litter home with you (you carried it in, it's easier to carry it out).**
- l: Respect other countryside users. Abusive language and behaviour will not be tolerated.**
- m: No riding under the influence of drugs or alcohol.**
- n: Personal audio players of any description are strictly banned from the park.**
- o: To abide by the I.M.B.A. Rules of the trail at all time.**

## **IMBA Rules of the Trail.**

**The way we ride today shapes mountain bike trail access tomorrow. Do your part to preserve and enhance our sport's access and image by observing the following rules of the trail, formulated by IMBA, the International Mountain Bicycling Association. These rules are recognised around the world as the standard code of conduct for mountain bikers. IMBA's mission is to promote mountain bicycling that is environmentally sound and socially responsible.**

### **1. Ride On Open Trails Only.**

**Respect trail and road closures (ask if uncertain); avoid trespassing on private land; obtain permits or other authorisation as may be required. Federal and state Wilderness areas are closed to cycling. The way you ride will influence trail management decisions and policies.**

### **2. Leave No Trace.**

**Be sensitive to the dirt beneath you. Recognise different types of soils and trail construction; practice low-impact cycling. Wet and muddy trails are more vulnerable to damage. When the trailbed is soft, consider other riding options. This also means staying on existing trails and not creating new ones. Don't cut switchbacks. Be sure to pack out at least as much as you pack in. Do not leave litter.**

### **3. Control Your Bicycle!**

**Inattention for even a second can cause problems. Obey all bicycle speed regulations and recommendations.**

### **4. Always Yield Trail.**

**Let your fellow trail users know you're coming. A friendly greeting or bell is considerate and works well; don't startle others. Show your respect when passing by slowing to a walking pace or even stopping. Anticipate other trail users around corners or in blind spots. Yielding means slow down, establish communication, be prepared to stop if necessary and pass safely.**

### **5. Never Scare Animals.**

**All animals are startled by an unannounced approach, a sudden movement, or a loud noise. This can be dangerous for you, others, and the animals. Give animals extra room and time to adjust to you. When passing horses use special care and follow directions from the horseback riders (ask if uncertain). Running cattle and disturbing wildlife is a serious offence. Leave gates as you found them, or as marked.**

### **6. Plan Ahead.**

**Know your equipment, your ability, and the area in which you are riding -- and prepare accordingly. Be self-sufficient at all times, keep your equipment in good repair, and carry necessary supplies for changes in weather or other conditions. A well-executed trip is a satisfaction to you and not a burden to others. Always wear a helmet and appropriate safety gear.**

**Failure to comply with the above policies will result in you being removed from the club and permanently banned from the park. You run the risk of jeopardising the whole project, and as such we can not tolerate any breach of any part of this policy. Hamilton Hill Freeride Park is not suitable for riders without off-road riding experience. We do have trails suitable for beginners and our trails are structured to allow rider development and progression. However, basic off road experience is a necessity.**